

Message from the Editorial Board

Dear Readers,
Once again a fresh installment of the E-Letter is right before you and awaits your feedback and suggestions. Let's take a look at the highlights of the past month. Happy Reading!

Let's Kommunikalni

It all began with a "K". Organized by CORA Communications & External Relations, "Let's Kommunikalni" welcomed the MOL Pakistan staff to participate in a communication building competition that challenged participants' intellect and creativity. The word Kommunikalni is Hungarian for *Communicate*, and the Let's Kommunikalni challenge comprised of 4 fun yet challenging rounds within the office. The participants were requested to spare a few moments from their work schedules to participate in the activities. All participants and winners from each round received gift hampers and the lucky ones qualified for the next level.

The challenge started with 160 participants and in the second round the number was reduced to 70. By the third round 36 participants were shortlisted and after the fourth round, 12 made it to the finals. The final round comprised of roles reversals and a test of acting abilities. Some fresh new talent came to the fore, we thought MOL Pakistan had a penultimate amount of singers and dancers and we found out that we had actors galore too!

All four teams floored the judges and audience with comic relief and role reversals. Maryam Hameed from CORA Administration, Haris Nisar from Corporate Services and Farhan Ur Rehman from Human Resources of Team D showed spectacular showmanship and acting, with an exceptional flair for communicating. The Grand Prize Distribution Ceremony will take place soon.



HSE Award Ceremony

The untiring efforts of MOL Pakistan's Drilling Department, supported by the HSE Department and contractor teams, Weatherford Rig-811 has achieved a fantastic milestone of six consecutive year's operation without Lost Time Injury. A huge round of applause to the entire team for achieving a great milestone that is a reflection of MOL Pakistan's commitment towards safety and security of all those who work with the company.

Chief Operating Officer, Mr. Ahmed Nawaz lead a delegation to visit Weatherford Rig-811 at Tolanj East-1 drilling site on May 18, 2017. Mr. David Clegg (Group E&P Head SD&HSE), Mr. Istvan Pardi (Head Drilling), Mr. Muhammad Tashfeen (Chief Drilling Engineer) and Mr. Habibullah Mahar (Chief SD & HSE) also accompanied the delegation. MOL Pakistan's Senior Management congratulated the rig staff on an excellent safety record and performance, concluding the visit with a ceremony, presenting gifts to the achievers present.



Breast Cancer Awareness Session

Breast cancer is known to be the second most common form of cancer amongst women. While it may not be the deadliest, when it comes to instigating fear, this disease is in a class of its own. Much of this fear springs from confusing and out-of-date information. While most people are aware of breast cancer, many forget to take the essential steps to detect the disease in its early stages. The HR

department at MOL Pakistan, in association with Shifa International Hospital, organized a Breast Cancer Awareness Session, conducted by Dr. Uzma Qasim, Consultant Oncologist.

While listing the causes and symptoms of the disease, Dr. Uzma explained how this so called 'silent killer' if detected in its early stages, can be treated without chemotherapy and excruciating radiation sessions, giving us the realization that life being a precious gift, is worth living even after the diagnosis of this disease. Dr. Uzma clarified that being young doesn't give anyone the leverage to ignore their body and elucidated self-examination steps, prevention, treatment options, and risk factors associated with cancer which was indeed an eye opener for the office female staff.

